



# Healthy Mayfield: We Fit Together

## Join us for our third annual community event!

Enjoy a variety of fitness demonstrations and fun activities for adults and children along with healthy cooking & food sampling. Meet your city and school leaders and get to know your local Fire, Police and EMS personnel.

**Free refreshments and healthy food sampling will be provided!**

The “Healthy Mayfield: We Fit Together” **Healthy Communities Initiative** is a collaborative effort between Cleveland Clinic and community partners to promote optimal health and wellness. Based on the Community Health Needs Assessment and utilizing combined resources within our local communities, Healthy Community Initiative programs will be customized around three core areas: education, nutrition and physical activity.

**WHEN:** Wednesday, October 4, 2017

**WHERE:** Mayfield High School - Wildcat Stadium  
6166 Wilson Mills Road  
Mayfield Village, OH 44143

**TIME:** **5:30 – 5:45 p.m.** - Welcome by City Mayors, Richard Parker, MD, President of Hillcrest Hospital, and Dr. Michael Barnes, Assistant Superintendent, Mayfield Schools. National anthem, and introduction of student athletes.

**5:45 – 7:30 p.m.** - A variety of health screenings and fitness activities will take place, as well as giveaways from our business partners.

**INFO:** **Registration is NOT required!**  
Visit [www.ccf.org/HealthyMayfield](http://www.ccf.org/HealthyMayfield) or call 440.312.4784. In case of inclement weather, check this website for cancellation information.



Mayfield City Schools  
EVERY STUDENT. EVERY DAY.

